

# Escape from New York

Because even the most loyal New Yorker needs to flee the greatest city on earth sometimes.



## Freeport, ME

### Answer the call of the wild

Mother Nature shines in these parts. Take in the coastal scenery at **Wolfe's Neck Woods State Park**, 230 pristine acres of marshes nestled amid hemlock and white pine forests. Take an easy half-mile hike on the Casco Bay Trail for Instagram-worthy views. Naturalists will help you spot the resident osprey, or meander solo and soak in the pine-tinged air before firing up one of the park's charcoal grills for an alfresco feast.

→ 426 Wolfe's Neck Rd (207-865-4465, [maine.gov/wolfesneckwoods](http://maine.gov/wolfesneckwoods))

### Makin' whoopie

The sugar fairy has blessed this town, so leave your diet at the state border and indulge in a whoopie pie, Maine's official state treat, at **Wicked Whoopies**. Surrender to nostalgia overload with the classic chocolate cake version that has fortified five generations of Mainers, or try the addictive coconut or Creamsicle varieties.

→ 100 Main St (207-865-3100, [wickedwhoopies.com](http://wickedwhoopies.com))

### Hit the trail

Adventurers of all ages and skill levels will revel in the opportunity to put their performance gear to good use at **L.L. Bean Outdoor Discovery Schools**. You'll find expert instructors who are eager to teach activities from archery and fly-fishing to ice fishing in the winter and canoeing in the summer. Programs range from free seminars and \$25 group classes to weeklong hiking and sailing excursions.

→ 95 Main St (888-552-3261, [llbean.com/adventure](http://llbean.com/adventure))

### Hop to it

To sample some of the region's best craft brews, head to **Maine Beer Company**. The

## INSIDER SECRETS

Locals give it to you straight.

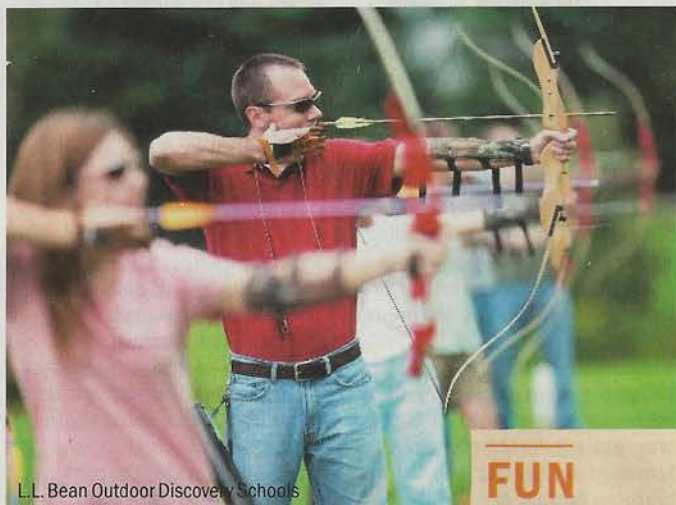


"Linda Bean's Maine Kitchen and Topside Tavern serves lobster rolls in two sizes: regular and colossal."  
—Robert

"Local roaster Coffee by Design is my favorite for a caffeine jolt. Try the Casco Bay Blend."  
—Susan

"Book a room with a fireplace at the Harraseeket Inn."  
—Shira

"Wake up early and watch the sun rise over the bay from Winslow Memorial Park."  
—Teresa



L.L. Bean Outdoor Discovery Schools

tasting room offers a rotating selection of eight American-style beers on tap plus gigantic windows that let you gaze at the on-site brewing space. You'll be transported to hops heaven as you sip Zoe, a balanced amber ale, or swig Another One, an IPA with a citrus kick, all while mingling with friendly locals.

→ 525 U.S. Rte 1 (207-221-5711, [mainebeercompany.com](http://mainebeercompany.com))

### Savor the sea

With hundreds of miles of craggy coastline, Maine offers hungry travelers ultra-fresh seafood freshly plucked from the chilly Atlantic waters. At **Jameson Tavern**, enjoy classic New England fare including velvety chowder bursting with local clams, steamers and fried haddock so light it could levitate off the plate.

→ 115 Main St (207-865-4196, [jamesontavern.com](http://jamesontavern.com))

■ Allison Tibaldi

## FUN FACT

L.L. Bean's flagship store is open 24 hours a day, 365 days a year—in case you feel a late-night urge for flannel (there aren't even locks on the doors).